



CENTRAL CREW – FALL 2021 SEASON INFO

COACHES

Central Crew Coaches	Role	Cell	Email
Mike Shields	Coach	(603) 496-7243	mikeshieldsrows@gmail.com
Charmie Curran	Coach	(603) 496-7411	kingcharmie@gmail.com

DIGITAL LINKS **Check Central Crew website for general info & Central Crew Twitter for real-time practice updates*

- Central Crew Club Website:** <https://centralcrew.org/>
- US Rowing:** www.usrowing.org
 1. Individual Annual Membership (\$9.75 Admin Fee):
 - https://usrowing.org/sports/2016/6/27/3316_132107070444805064.aspx
 2. US Rowing Waiver:
 - https://usrowing.org/documents/2020/1/2//USRowing_Waiver_2020.pdf?id=2157
- Social Media:**
 - Twitter - <https://twitter.com/centralcrewclub> *(Primary Coaches communication method)*
 - Facebook - <https://www.facebook.com/centralcrewclub>
 - Instagram - <https://www.instagram.com/centralcrewclub/>

FALL'21 PRACTICE INFO – Varsity + Novice

- Fall 2021 Registration Fees: \$450** *(*Make checks payable to Central Crew, include rower name)*
- Registration Docs: Bring Forms + Check to Practice / Registrar or Coach Mike**
 - Download forms @ Crew website: <https://centralcrew.org/>
- Practice Info: Varsity + Novice Will Row Together @ Amoskeag Rowing Club (ARC) Boathouse**
 - **Prelim/Warmup Week: Week 1 Warm-up** (Optional / NOT Required)
 - **Dates:** 8/23 Mon – 8/25 Wed – 8/27 Fri
 - **Time:** 8:30 – 10:30am - **Location:** ARC Boathouse (Hooksett-NH)
 - **Fall'21 Season: From 8/30 Mon thru Oct'21**
 - **Dates:** Mon – Tue - Thu – Fri *(*Wed OFF for personal/school/work/appts./etc.)*
 - **Time:** 4-6pm - **Location:** ARC Boathouse (Hooksett-NH)

FALL'21 RACE PRELIMINARY SCHEDULE

- **9/18 (Sat) - CRI Fall Classic Regatta** (CRI Boathouse / Cambridge-MA)
- **10/3 (Sun) - Textile River Regatta** (UMass/Lowell Bellegarde Boathouse / Lowell-MA)
- **10/17 (Sun) - NH Champs Regatta** (Memorial Park / Pembroke-NH)
- **10/24 (Sun) - Head of the Charles Regatta** (HOCA / Cambridge-MA) ** TBD**
- **10/30 (Sat) - Halloween Fun Race** (ARC Boathouse / Hooksett-NH)

- Crew Practice Location: Amoskeag Rowing Club (ARC) Boathouse**
 - GPS: 101 Merrimack Street, Hooksett, NH 03106
 - Detail: Past Hooksett Court then past Hooksett Dog Park (on left) end of dirt road is ARC Boathouse