



# Central Crew – Swim Test Form

Date of Test: \_\_\_\_\_ Location of Test: \_\_\_\_\_

Crew Member Name: \_\_\_\_\_

School: \_\_\_\_\_ Age / Grade: \_\_\_\_\_

<b>50 Meter Swim</b>
Able to swim 50 Meters in any style competently:
<input type="checkbox"/> Pass
<input type="checkbox"/> Fail

<b>Water Treading</b>
Able to tread water for 8 minutes:
<input type="checkbox"/> Pass
<input type="checkbox"/> Fail

<b>PFD/Life Jacket Use</b>
Able to put on PFD/Life Jacket while in water:
<input type="checkbox"/> Pass
<input type="checkbox"/> Fail

{Test Comments: \_\_\_\_\_}

As a currently accredited lifeguard / water safety-swim instructor; I certify that I have observed (Name of Swimmer); \_\_\_\_\_, successfully complete this swim test consisting of 50 meter swim in a competent manner (swim down lane and back), treading water for 8 minutes and putting on a Personal Floating Device (PFD) while treading water.

Test Date: \_\_\_\_\_

Printed Name of Lifeguard / Swim Instructor: \_\_\_\_\_

Signature of Lifeguard / Swim Instructor: \_\_\_\_\_