



# Central Crew – Swim Test Form

Date of Test: \_\_\_\_\_ Location of Test: \_\_\_\_\_

Crew Member Name: \_\_\_\_\_

School: \_\_\_\_\_ Age / Grade: \_\_\_\_\_

<b>50 Yard Swim</b>
Able to swim 50 Yards in any style competently:
<input type="checkbox"/> Pass
<input type="checkbox"/> Fail

<b>Water Treading</b>
Able to tread water for 5 minutes:
<input type="checkbox"/> Pass
<input type="checkbox"/> Fail

<b>PFD/Life Jacket Use</b>
Able to put on PFD/Life Jacket while in water:
<input type="checkbox"/> Pass
<input type="checkbox"/> Fail

Test Comments: \_\_\_\_\_

As a currently accredited lifeguard / water safety-swim instructor; I certify that I have observed (Name of Swimmer); \_\_\_\_\_, successfully complete this swim test consisting of 50 Yard swim in a competent manner, treading water for 5 minutes and putting on a Personal Flotation Device (PFD) while in/treading water.

Test Date: \_\_\_\_\_

Printed Name of Lifeguard / Swim Instructor: \_\_\_\_\_

Signature of Lifeguard / Swim Instructor: \_\_\_\_\_